SYLLABUS

COURSE NAME: CERTIFIED COURSE IN HAIR SKIN & MAKEUP.

1. Health & Hygiene
2. Hair
3. Skin
4. Makeup

Course Fees: 2000/-

Course Duration: Six Months.

Minimum Qualification: 7th Pass and above

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1.	Name of Course	**CERTIFIED COURSE IN HAIR SKIN & MAKEUP.**					
2.	Max No. Of Students	100					
3.	Duration	6 Months					
4.	Course Fees	2000.					
5.	Course Type	Part Time					
6.	No. of Days per Week	5 Days					
7.	No. of Hours' Per Day	1 Hrs					
8.	Space Require	One Theory Class Room – One Practical Room					
9.	Minimum Qualification	7th Pass and above					
10.	Objective of Syllabus	To get knowledge of Hair, Skin, Makeup. To cut hair & handling the customer.					
11.	Outcomes from syllabus	How to get knowledge about open a Beauty parlour and outside jobs in Parlour Industry.					
12.	Teachers Qualification	1. Certified Makeup Artist & Hair Stylist					

13.	Teaching Scheme -			Clock Hours / Week			
	Sr.	Subject	Subject Code	Theory	Practical	Total	
	1.	HEALTH & HYGINE	HSM01	0.30 Hrs	0.30 Hrs	1 Hrs	
	2.	HAIR	HSM02	0.30 Hrs	0.30 Hrs	1 Hrs	
	3.	SKIN	HSM03	.30 Hrs	0.30 Hrs	1 Hrs	
	4.	MAKEUP	HSM04	1 Hrs	1 Hrs	2 Hrs	
		Total				5 Hrs	

14. Examination Scheme – Final Examination will be based on syllabus of both years.

Paper	Subject	Subject Code	Theory			Practical			Total	
			Duration	Max	Min	Duration	Max	Min		
1.	HEALTH & HYGINE	HSM01	5 Hrs	70	25	5 Hrs	30	15	100	40
2.	HAIR	HSM02	5 Hrs	50	23	5 Hrs	50	17	100	40
3.	SKIN	HSM03	4 Hrs	70	25	4 Hrs	30	15	100	40
4.	MAKEUP	HSM04	6 Hrs	30	15	6 Hrs	70	25	100	40
	Total : -			220	88		180	72	400	160

Note : COMBINE PASSING (BOTH & PRATICAL)

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Paper Title: HEALTH & HYGINE

Code No – HSM01

Objectives of Paper: -

1. To provide basic skills and information regarding Health & Hygiene.
2. Keep health fit and hygiene.

Expected out come from paper: -

1. Build better self awareness.
2. Good personal hygiene habits keep you healthier and stronger.

Theory	Practical
Unit 1. INTRODUCTION TO HYGIENE Weight, height, food.	Yoga, Exercise.
UNIT – 2. PERSONAL HYGIENE What to eat, how to follow regular health routine.	Diet list.
Unit – 3.PUBLIC HYGIENE Environment clean, house clean.	Self Environment cleaning.
UNIT – 4. HYGINE AND GOOD GROOMING How to sit, How to walk, how to speak, etchics.	Seminars and practical sessions.

Reference Books:

1. Germs and hand washing
2. Dirty and clean hands.
3. Germs journey.

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Paper Title: HAIR

Code No – HSM02

Objectives of Paper: -

1. To provide basic skills and information regarding Hair.
2. Able to perform basic skills & Hair Styling.

Expected out come from paper: -

1. Understand the risks that arise from hazards.
2. Styling standards, developing the ability.
3. Hair and scalp shampooing, treatments and massage.

Theory	Practical
Unit 1. INTRODCUTION OF HAIR Parts, growth, section.	Parts, section, how to section the hair.
UNIT – 2. STRUCTURE OF HAIR Hair condition, Male hair, Female Hair. Hair Shape.	Hair Wash, product knowledge.
Unit – 3. COMPOSITION OF HAIR Structure & Division of hair, Hari root, Hair sharp.	How to hold scissor & comb Practice.
UNIT – 4. HAIR ANALYSIS Texture, Touch, Smell, Elasticity, thickness.	U cut & straight cut.

Reference Books:

1. Hair (Barrett John)
2. Hair care & hair styles (Nicky Pope)

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Paper Title: SKIN

Code No – HSM03

Objectives of Paper: -

1. Preventing further damage both from light / sun and the environment to our skin.
2. Keeping our skin glowing by optimizing hydration, barrier function and cell turnover.
3. Helping to repair past superficial damage to skin.

Expected out come from paper: -

1. Skin integrity assessment and management.
2. Understand how maintain healthy skin.

Theory	Practical
Unit 1. INTRODUCTION Skin Layers, Sections.	Cleansing, Toning & Moisturising.
UNIT – 2. SKIN COLOUR Inherited and differs from race to race and person to person.	Facial, Massage practices.
Unit – 3. SKIN PROBLEMS Allergies of the skins, infections, changes in the tissue growth.	Fungal, Bacterial, Viral.
UNIT – 4. SKIN LESIONS Papule, macule, vasicles, wheel, turbercle.	No practical.

Reference Books:

1. Diagnosis and treatment of common skin disease. (Virendra and sehgal)
2. Fundamentals of Pathology of skin (Venkataram Mysore)

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Paper Title: MAKEUP

Code No – HSM04

Objectives of Paper: -

1. Able to coordinate elements in to coherent design.
2. Up to date on the latest makeup trends.
3. Strong visualisation skills.

Expected out come from paper: -

1. Position to identify skin type correctly to suggest a best makeup.
2. Identify skin type correctly.
3. Apply makeup products correctly.

Theory	Practical
Unit 1. INTRODUCTION Basic skin types and skin tones.	Normal skin•Dry skin•Allergic and Sensitive skin•Matured skin•Oily skin•Combination skin.
UNIT – 2. MAKEUP PRODUCTS List various products required for makeup, Identify various types of foundation and explain their features	Product Knowledge, A beauty therapist uses various products to provide makeup service as per the client's needs. Some of the commonly used makeup products are:1.Foundation 2.Blusher 3.Mascara 4.Eyeshadow 5.Eyeliner.
Unit – 3. THE COLOUR WHEEL Corrector, Pigmentation, Dark Circles.	State the importance of colour wheel in the makeup •Distinguish between primary, secondary and tertiary colours •Define important terms like, tone, complimentary colours, analogous colours, warm colours and cold colours.
UNIT – 4. MAKEUP REMOVAL METHODS Soap and water works better than makeup wipes. Use a cleanser made to remove makeup.	Practical Sessions.

Reference Books:

1. How to be a professional makeup artist. (G.M.Reyna)
2. The Makeup Artist. (Gretchen Davis).

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