



# PUNYASHLOK AHILYADEVI HOLKAR SOLAPUR UNIVERSITY, SOLAPUR

## INTERNAL MID TERM SEMESTER PATTERN EXAMINATION

### REVISED FINAL PROGRAM OF M.A. (YOGA) SEMESTER –I & III

1. Student should see their Seat No. and Name in the Name list and mistakes if any should be communicate to this office immediately. All candidates are requested to confirm their Examination Seat No. as well as place of examination on the Notice Board of the University/College mentioned below at least two days before the date of Examination. The candidate should write correct Seat No. on each answer book. If candidate writes wrong Seat No. on answer Book the performance of such subject will not be considered.
2. Candidate are requested to be present at their respective places of the Examination **FIFTEEN MINUTES** before the time starting of the first paper and **TEN MINUTES** before the time starting of each subsequent paper. Candidates are forbidden to take any book or paper in to the Examination Hall.
3. **Important Note:** Code Numbers given in the Bracket are Computer Code of respective Subjects, Students should mention these Code Numbers on Answer Books with Name of the Subject. Also write these Code Numbers on JSR (Junior Supervisor Report) and related documents.
4. All the Candidates are asked to follow the timely instructions given by University in accordance with the examinations methodology.
5. As per the Right of Person with Disabilities Act-2016 the persons with Disabilities are given 20 minutes extra for one per hour for the Online/Offline exam (केंद्र शासनाच्या अपंग व्यक्ती अधिकार अधिनियम २०१६ मधील तरतूदीनुसार अपंग विद्यार्थ्यांना ऑनलाईन व ऑफलाईन परीक्षेमध्ये सर्वसाधारण विद्यार्थ्यांपेक्षा १ तासाला कमीत कमी २० मिनीट इतका वेळ वाढवून देण्यास सर्वानुमते मान्यता देण्यात आली.)

Sr. No.	Center	College Abbreviation	Place
1	Solapur	PAHSUS	PUNYASHLOK AHILYADEVI HOLKAR SOLAPUR UNIVERSITY, SOLAPUR

<b>Yoga Sem-I (New w.e.f. June 2023)</b> <b>(NEP CBCSPattern-2023)</b>			
<b>Day &amp; Date</b>	<b>Paper No.</b>	<b>Sr. No.</b>	<b>Subject</b> <b>Time: 11:00a.m. to 12:00 p.m</b>
<b>Thursday 17/10/2024</b>	DSC -1	1	Foundation of Yoga (230125101)
<b>Friday 18/10/2024</b>	DSC- 2	2	Anatomy and Physiology of Yogic Practices (230125102)
<b>Saturday 19/10/2024</b>	DSC- 3	3	Introduction to Indian Philosophy (230125103)
<b>Monday 21/10/2024</b>	RM	4	Research Methodology (230125105)
<b>Tuesday 22/10/2024</b>	DSE .1	5 6	Applied Yoga (230125106) OR Gher and Samhita (230125107)

<b>Yoga Sem-III (NEW w.e.f. June 2024)</b> <b>(NEP CBCSPattern-2023)</b>			
<b>Day &amp; Date</b>	<b>Paper No.</b>	<b>Sr. No.</b>	<b>Subject</b> <b>Time: 3:00 p.m. to 4:00p.m.</b>
<b>Thursday 17/10/2024</b>	YG-301	27	Therapeutic Aspect of Yog Practical (230125301)
<b>Friday 18/10/2024</b>	YG-302	22	Yog Upanishads (230125302)
<b>Saturday 19/10/2024</b>	YG-303	23	Applied Psychology (230125303)
<b>Monday 21/10/2024</b>	YG-304	24	Mantra Yoga (230125304)
<b>Tuesday 22/10/2024</b>	DSE	25 26	A) Introduction to Meditation Techniques (230125306) OR B) Yoga and Sports (230125307)

Please visit-<http://su.digitaluniversity.ac>

Ref No.: PAHSUS/EXAM/TIME-TABLE/2024/2055

Date: 14/10/2024

**Sd/-**  
**Director**  
Board of Examinations and Evaluation