



PUNYASHLOK AHILYADEVI HOLKAR SOLAPUR UNIVERSITY, SOLAPUR

INTERNAL MID TERM SEMESTER PATTERN EXAMINATION

DRAFT PROGRAM OF M.A. (YOGA) SEMESTER –I & III

1. Student should see their Seat No. and Name in the Name list and mistakes if any should be communicate to thisofficeimmediately.AllcandidatesarerequestedtoconfirmtheirExaminationSeatNo.aswellasplaceofexamination on the Notice Board of the University/College mentioned below at least two days before the date ofExamination.ThecandidateshouldwritecorrectSeatNo.oneachanswerbook.Ifcandidate writeswrongSeatNo.onanswerBooktheperformanceofsuchsubjectwillnotbeconsidered.
2. CandidatearerequestedtobepresentattheirrespectiveplacesoftheExamination **FIFTEENMINUTES** before the time starting of the first paper and **TEN MINUTES** before the time starting of each subsequent paper. Candidates are for bidden to take any book or paper in to the Examination Hall.
3. **Important Note:** Code Numbers given in the Bracket are Computer Code of respective Subjects, Students should mention these Code Numbers on Answer Books with Name of the Subject. Also write these Code Numbers on JSR(Junior Supervisor Report)and related documents.
4. AlltheCandidatesareaskedtofollowthetimelyinstructionsbyUniversityinaccordancewiththeexaminationsmet hodology.
5. AspertheRightsofPersonwithDisabilitiesAct-2016thepersonswithDisabilitiesaregiven20minutesextra for one per hour for the Online/Offline exam (केंद्र शासनाच्या अपंग व्यक्ती अधिकार अधिनियम २०१६ मधील तरतूदीनुसार अपंग विद्यार्थ्यांना ऑनलाईन व ऑफलाईन परीक्षेमध्ये सर्वसाधारण विद्यार्थ्यांपेक्षा १ तासाला कमीत कमी २० मिनीट इतका वेळ वाढवून देण्यास सर्वानुमते मान्यता देण्यात आली.)

Sr. No.	Center	College Abbreviation	Place
1	Solapur	PAHSUS	PUNYASHLOK AHILYADEVI HOLKARSOLAPUR UNIVERSITY, SOLAPUR

Yoga Sem-I (New w.e.f. June 2023) (NEP CBCSPattern-2023)			
Day & Date	Paper No.	Sr. No.	Subject Time: 11:00a.m.to 12:00 p.m
Monday 14/10/2024	DSC -1	1	Foundation of Yoga (230125101)
Tuesday 15/10/2024	DSC- 2	2	Anatomy and Physiology of Yogic Practices (230125102)
Wednesday 16/10/2024	DSC- 3	3	Introduction to Indian Philosophy (230125103)
Thursday 17/10/2024	RM	4	Research Methodology (230125105)
Friday 18/10/2024	DSE .1	5 6	Applied Yoga (230125106) OR Gher and Samhita (230125107)

Yoga Sem-III (NEW w.e.f. June2024) (NEP CBCSPattern-2023)			
Day & Date	Paper No.	Sr. No.	Subject Time: 3:00 p.m. to 4:00p.m.
Monday 14/10/2024	YG-302	22	Yog Upanishads
Tuesday 15/10/2024	YG-303	23	Applied Psychology)
Wednesday 16/10/2024	YG-304	24	Mantra Yoga
Thursday 17/10/2024	DSE	25 26	A) Introduction to Meditation Techniques OR B) Yoga and Sports

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Ref No.: PAHSUS/EXAM/TIME-TABLE/2024/1867

Date:09/09/2024

Sd/-
Director
Board of Examinations and Evaluation