

Solapur University, Solapur

B.A. Part-I – Psychology

(Semester I & II)

(CBCS Semester Pattern Syllabus)

w.e.f. June, 2016.

1) Title of the Course :-

B.A. Part-I - General Psychology.

2) Introduction :-

Psychology is a behavioural science. It is introduced as an elective subject at the B.A. course. As a discipline, psychology specializes in the study of experiences, behaviours, mental and cognitive process of human beings within a social, cultural and historical context. This course includes the basic ideas, concepts, principles and research methods in psychology so as to enable the learners to understand themselves better.

The course deals with psychological knowledge and creates interest in students' learning psychology. The study of psychology provides personality development skills, learning skills, interpersonal relations etc. Psychology is of utmost need almost in every fields of life and helps to solve the problems of daily life.

The course provides a broad overview of psychology and helps to understand complexities of behaviour and developmental aspects of human.

3) Objectives of the Course :-

- 1) To familiarize students with the basic psychological process.
- 2) To enable the students to acquaint with the knowledge of terms, concepts, techniques and principles relating to the subject.
- 3) To develop the ability to apply knowledge of contents and principles of psychology in new and unfamiliar situations.
- 4) To prepare students to face various changes related to life and develop proper attitude towards them.

4) Advantages of the Course :-

As a discipline psychology is a behavioural science, a degree in psychology can prepare students for a wide variety of careers and self development.

- 1) Students can apply the psychological principles in their real life situations and to learn more effectively about life span development.
- 2) Psychology helps to students to develop better physical, social, cognitive and personality perspectives.
- 3) Psychology students opting for competitive examinations are benefited.

5) Eligibility of Course :-

For admission into bachelor's degree of Arts one should pass higher secondary school certificate examination i.e. H.S.C. or 12th Arts, Commerce, Science or equivalent examination from a recognized board.

6) Duration :-

The duration for B.A. – I course in one year with two semester pattern.

* B.A. Part-I :- Semester I & II

7) Medium of Instruction :-

English / Marathi.

8) Structure of the Course :-

B.A. Part - I

Semester - I

Psychology Paper-I - General Psychology Part – I

(30 CA + 70 UA = 100 Marks.)

Credit – 4

60 contact Hrs.

	Units	Credit	Contact Hrs.
1.	Introduction to Psychology.	1	15
2.	Biological Bases of Behaviour.	1	15
3.	States of Consciousness.	1	15
4.	Motivation and Emotion.	1	15
	Total	4	60

B.A. Part - I

Semester - II

Psychology Paper-II - General Psychology Part -II

(30 CA + 70 UA = 100 Marks.)

Credit – 4

60 contact Hrs.

	Units	Credit	Contact Hrs.
1.	Learning.	1	15
2.	Memory and Forgetting.	1	15
3.	Intelligence.	1	15
4.	Personality.	1	15
	Total	4	60

B.A. Part-I
Paper – I General Psychology Part – I,
(CBCS semester pattern syllabus – w.e.f. June-2016).
Credit 4 **60 Contact Hrs.**

Semester – I

Credit – 1 **15 Contact Hrs.**

Unit-1 :- Introduction to Psychology.

- 1.1 Definitions of psychology, Modern Definition.
- 1.2 History of Psychology.
- 1.3 Major Perspectives of Psychology – Behavioural, Cognitive, Biological, Evolutionary, Developmental, Psychodynamic, Social and Cultural.
- 1.4 Major Subfields of Psychology – Clinical Psychology, Counseling Psychology, Developmental Psychology, Educational Psychology, Experimental Psychology, Cognitive Psychology, Industrial / Organizational Psychology, Psychobiology and Evolutionary Psychology, Social Psychology.
- 1.5 Research Methods in Psychology – Observation, Survey, Case Studies, Experimental.

Credit – 1 **15 Contact Hrs.**

Unit-2 :- Biological Bases of Behaviour.

- 2.1 Neurons –
 - A) Basic structure.
 - B) Basic Functions.
- 2.2 The Nervous System -
 - A) Basic structure and functions.
 - B) The nervous system : its major divisions.
- 2.3 The Brain –
 - A) Brain stream.
 - B) The hypothalamus.
 - C) Thalamus.
 - D) Limbic System.
 - E) The cerebral cortex.
- 2.4 Endocrine System.

Credit – 1 **15 Contact Hrs.**

Unit-3 :- States of Consciousness.

- 3.1 Meaning of Consciousness.
- 3.2 Sleep –
 - A) Stages of sleep.
 - B) Functions of sleep.
 - C) Sleep deprivation.
 - D) Sleep disorder

- 3.3 Dream –
 - A) Basic facts.
 - B) The functions and meaning of dream.
 - C) Day dreams.
 - 3.4 Hypnosis –
 - A) How it is done and who is susceptible to it.
 - B) Contrasting views (Theories) about hypnosis nature.
 - C) Applications of hypnosis.
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Credit – 1

15 Contact Hrs.

Unit-4 :- Motivation and Emotions.

- 4.1 Motivation – Definition.
- 4.2 Theories of motivation.
- 4.3 Types of motivation.
 - A) Hunger.
 - B) Sexual Motivation.
 - C) Aggressive Motivation.
 - D) Achievement Motivation.
 - E) Intrinsic Motivation.
- 4.4 Emotion –
 - A) Definition.
 - B) The Nature of Emotions.
 - C) Some Contrasting Views.
 - D) The Biological Basis of Emotions.
 - E) External Expression of Emotions.
- 4.5 Subjective Well-Being – Suggestion of Happiness.

B.A. Part-I
Paper – II General Psychology Part – II,
(CBCS semester pattern syllabus – w.e.f. June-2016).
Credit 4 **60 Contact Hrs.**

Semester – II

Credit – 1

15 Contact Hrs.

Unit-1 :- Learning -

- 1.1 Definition of learning.
- 1.2 Classical Conditioning.
 - A) Pavlov's early work on Classical Conditioning.
 - B) Some Basic Principles – Acquisitions.
Extinction, Generalization and Discriminations.
 - C) Applications of Classical Conditioning principle to human behaviour.
- 1.3 Operant Conditioning :-
 - A) Thorndike's Law of Effect.
 - B) Skinners basic Operant Conditioning.
 - C) Nature of Operant Conditioning.
 - D) Some Basic principles of Operant Conditioning - Shaping and Chaining, Role of rewards and effect of procrastinations, Schedule of reinforcement, Concurrent schedule of reinforcement and the matching law, Stimulus control of behaviour.
 - E) Applications of Operant Conditioning to human behaviour.

Credit – 1

15 Contact Hrs.

Unit-2 :- Memory and forgetting.

- 2.1 Memory –
 - A) Process of memory.
- 2.2 Stages of Memory –
 - A) Sensory memory.
 - B) Short term (working) memory.
 - C) Long term memory.
 - D) Types of memory – Declarative, Procedural, Semantic, Episodic, Implicit, Explicit, Flashbulb and Autobiographical memory.
- 2.3 Forgetting –
 - A) Ebbinghaus and forgetting curve.
- 2.4 Causes of Forgetting – Encoding failure, Decay theory, Interference theory.

Credit – 1**15 Contact Hrs.****Unit-3 :- Intelligence –**

- 3.1 Definitions.
- 3.2 Theories of Intelligence -
 - A) Gardner’s Theory of Multiple Intelligence.
 - B) Sternberg’s Triarchic Theory : The Value of Practical Intelligence.
 - C) Cattell’s Theory of Fluid and Crystallized Intelligence.
- 3.3 Measurement of Intelligence.
- 3.4 Emotional Intelligence –
Major Components of Emotional Intelligence.

Credit – 1**15 Contact Hrs.****Unit-4 :- Personality -**

- 4.1 Definition.
- 4.2 Psychoanalytic Approach.
 - A) Freud’s theory of personality.
 - B) Jung’s.
 - C) Karen Horney and Alfred Adler.
- 4.3 Humanistic Theories –
 - A) Rogers Self theory.
 - B) Maslow theory of personality.
- 4.4 Trait Theories –
 - A) Allport and Cattell.
 - B) The “Big five” factor.
- 4.5 Measuring Personality.
 - A) Self Report Test.
 - B) Projective Measures.

Books for Study.

- 1) Robert A Baron (2011) : Psychology : 5th Edn. Eleventh impression, New Delhi - Pearson Education.
- 2) Robert S. Feldman (2002) : Understanding Psychology. 4th Edn. (5th Reprint), New Delhi, Tata-McGraw Hill Publishing Company Limited.
- 3) Saudric K. Ciccareli and Gleali F. Meyer (2012) : Psychology : South Asian Edn. 5th Impression. New Delhi - Pearson Education.

Book for References

- 1) Atkinson and Hilgards : Introduction to Psychology : 14th Edition, Thomson International Edition.
- 2) Morgan C.T. King, Weisz and Schopler (1994) : Introduction to Psychology 7th Edition, Tata-McGraw Hill, International Edition.
- 3) Lahey Benjamin B. (1998) : Psychology : An Introduction, 14th Edition (6th Reprint 2003) Tata-McGraw Hill Edition.
- 4) Hirve, Tadsare : Samanya Manasshastra: Kolhapur, Phadake Prakashan.
- 5) Pandit, Kulkarni, Gore (1999) : Samanya Manasshastra: Nagpur, Pimpalpure and publishers.
- 6) Sunil Sontakke, Uttamrao Bhosale, Anant Kulkarni (2007) : Samanya Manasshastra: Solapur, Aksharlene Prakashan.