

SOLAPUR UNIVERSITY,

SOLAPUR.

Semester Pattern Syllabus

PSYCHOLOGY

AT

B. A. PART - II.

(w.e.f. June, 2011)

SOLAPUR UNIVERSITY, SOLAPUR.

Semester Pattern Syllabus

PSYCHOLOGY

B. A. Part - II.

(w.e.f. June, 2011)

PSYCHOLOGY

DEVELOPMENTAL PSYCHOLOGY.

PAPER NO. II

SEMISTER -III

UNIT NO. 1:

BACKGROUND AND CONTEXT IN ADOLESCENCE

1.1 How we showed define Adolescence ?

- A) When does it start ?
- B) Nature of Adolescence ?

1.2 Theories of Adolescence.

- A) Anna Freud
- B) Erik Erikson.

1.3 Suicide – The leading cause of deals in the Teen Years.

• UNIT NO. 2:

PHYSICAL AND COGNITIVE DEVELOPMENT IN ADOLESCENCE

2.1 Physical Development.

- A) Your Reproductive System.
- B) When does puberty start ?
- C) The Effects of Timing on puberty.

2.2 Cognitive Development.

- A) Variable in Cognitive Development : Piaget.

B) Creative Thinking.

C) Critical Thinking.

UNIT NO. 3

PSYCHOSOCIAL DEVELOPMENT IN ADOLESCENCE

3.1 Peer Relations.

A) Development patterns of peer groups.

B) Functions of peer groups.

3.2 Sexual Behaviour.

A) Stages of Sexuality.

B) Auto Sexual Behaviour.

C) Causes of Homosexuality.

D) The onset of Homosexuality.

E) Heterosexual Behaviour.

3.3 Sexually Transmitted Diseases.

A) AIDS

B) Other Sexually Transmitted Disease.

• UNIT NO. 4

PHYSICAL AND COGNITIVE DEVELOPMENT IN EARLY ADULTHOOD

4.1 Physical Development.

A) The Peak is reached.

C) The Effect of Lifestyle on Health.

4.2 Cognitive Development.

A) Intellectual / Ethical Development.

B) Womens Ways of knowing.

4.3 Physical and Cognitive aspects of Love.

A) The Seven forms of Love – Strenberg.

4.4 Dealing with stress of adulthood.

A) Change as a source of stress.

B) The general adaptation syndrome.

C) Disease as a result of stress.

SEMISTER - IV

UNIT NO. 5

PHYSICAL AND COGNITIVE DEVELOPMENT IN MIDDLE ADULTHOOD

5.1 Physical Development.

A) Health

B) Muscular Ability

C) Sensory Ability

5.2 Cognitive Development

A) Theories about intelligence.

B) The Development of creativity.

C) Learning Ability.

UNIT NO. 6 :

PSYCHOSOCIAL DEVELOPMENT IN MIDDLE ADULTHOOD

6.1 Marriage and Family Relations.

A) Marriage and Middle Age.

B) Relationship with aging parents.

C) Relationship with siblings.

6.2 Personality Development :

- A) Transformation : Gould
- B) Seasons of a Man's life : Levinson.
- C) Seasons of a Woman's life : Levinson

6.3 Patterns of Work

- A) Special problems of the Working Woman.
- B) The Midcareer crisis.
- C) Some suggestions for dealing with the midlife crisis.

• UNIT NO. 7

PHYSICAL AND COGNITIVE DEVELOPMENT IN LATE ADULTHOOD

7.1 Must We age and Die ?

- A) Physiological Theories of Aging.
- B) Genetic Theories of Aging.
- C) Effects of the natural Environment on Aging.

7.2 Physical Development

- A) Sensory Abilities.
- B) Other body systems.
- C) Health.
- E) Appearance.

7.3 Cognitive Development.

- A) Cognitive Ability in the Elderly : Tests V/s observation creativity.

UNIT NO. 8 :

PSYCHOSOCIAL DEVELOPMENT IN LATE ADULTHOOD

8.1 Social Development.

- A) Gender Roles.
- B) Sexuality - Jains Report , Widowhood , Sexuality ,Importancy
- C) The elderly and their families.
- D) Retirement.

8.2 Personal Development.

- A) Personal Development : Committee on Human Development.
- B) Personal Development : Erikson.

8.3 What is death ?

- A) Four Types of Death.
- B) The legal definition of death.
- C) Suicide.
- D) Preventing Suicide.

•SHORT NOTES WILL BE ASKED EACH UNIT FOR EACH SEMISTER

• **BOOKS FOR READING :**

- Dacey and Travers (1996) Human Development, Across the Life Span, Brown and Benchmark Publisher. 3rd Edition
- Diane E Papalia and Sally Olds (1985) : Human Development Tata MC Graw-Hill Edition. 5th Edition.
- James W Vander Zanden : Human Development. 3rd Edition

• **BOOKS FOR REFERENCE :**

- Hurlock E. B. (2001) : Development Psychology : A Life Sporn approach, TMH Publishing Company, New Delhi.
- हिरवे, तडसरे (१९९७) : वैकासिक मानसशास्त्र, फडके प्रकाशन, सोलापूर
- कांडलकर , लिना (२०००) : मानव विकास, विद्या प्रकाशन, नागपूर
- बोरुडे, कुमठेकर , देसाई , गोळविलकर (१९९५) : वैकासिक मानसशास्त्र , पुणे विद्यार्थी गृह प्रकाशन, पुणे.

Semester Pattern Syllabus

B. A. Part - II.

(w.e.f. June, 2011)

PSYCHOLOGY

APPLIED PSYCHOLOGY.

PAPER NO. III

SEMISTER– III

• UNIT NO. 1

NATURE OF APPLIED PSYCHOLOGY

1.1 What is Applied Psychology ?

1.2 Who is an Applied Psychologists ?

1.3 Fields of Applied Psychology ?

• UNIT NO. 2

STRESS

2.1 Understanding Stress

A) Meaning of Stress.

B) Measurement of Stress.

C) Personal and situational factors.

2.2 Reactions of Stress.

A) Physiological reactions.

B) Psychological reactions.

2.3 Managing Stress.

A) Modifying your environment.

B) Altering your life style.

• **UNIT NO. 3 HEALTH**

3.1. Psychological factors and Physical illness.

- A) Stress related illness.
- B) Stress and the immune system.
- C) Health hazards.

3.2 Coping with illness.

- A) Noticing symptoms.
- B) Getting help.
- C) Adherence to treatment.

3.3 Promoting wellness.

- A) Talking charge of your health.
- B) Eating sensibly.
- C) Keeping Physically fit.

• **UNIT NO. 4**

SELF CONCEPT

4.1 What is the self-concept ?

- A) Self image.
- B) Ideal self.
- C) Multiple selves.

4.2 Core characteristics of the self-concept.

- A) Self consistency.
- B) Self – esteem .
- C) Self – enhancement and self – verification.

4.3 The self – concept and personal growth.

- A) The self you would like to be
- B) Our social selves.
- C) Learning from criticism.
- D) Greater self direction.

SEMISTER-IV

• UNIT NO. 5

MEETING PEOPLE, MAKING FRIENDS

5.1 Meeting People.

- A) First impressions.
- B) Mistaken impressions.
- C) Shyness.

5.2 Interpersonal attraction.

- A) Interaction and liking.
- B) Physical attractiveness.
- C) Likes or opposites ?

5.3 Friendship.

- A) When friends get together.
- B) Mutual self disclosure.
- C) Same sex, opposite sex friends.
- D) Staying friends or breaking up.

• **UNIT NO. 6**

CAREER, MARRIAGE & INTIMATE RELATIONSHIP

6.1 Choosing a Career.

A) Identifying compatible careers.

B) Preparing for you career.

6.2 Getting along on the job.

A) Job satisfaction.

B) Women's issues.

6.3 Career outlook.

A) Projected growth.

B) Changing jobs or careers.

6.4 Getting married & marital adjustment

A) Getting Married

B) Sharing marital responsibilities.

C) Communication and conflict.

D) Managing money.

E) Sex in marriage.

• **UNIT NO. 7**

PERSONAL CONTROL AND DECISION MAKING

7.1 Personal Control.

A) Perceived control.

B) Misperception and maladjustment.

C) Learned optimism.

7.2 Decision making.

- A) The process of decision making.
- B) Aids in making decisions.
- C) Group decisions.

7.3 Decisions and personal growth.

- A) Identifying the basic decisions in your life.
- B) Making new decisions.
- C) Some practical applications

• **UNIT NO. 8**

PSYCHOLOGICAL DISORDERS AND THERAPY

8.1 Anxiety disorders.

- A) Generalized Anxiety Disorder (GAD)
- B) Phobias.
- C) Obsessive – Compulsive Disorders (OCD)

8.2 Depression and suicide.

- A) The range of depression.
- B) Bipolar disorder.
- C) Suicide.

8.3 Insight therapies.

- A) Psychoanalysis.
- B) The person centred approach.

8.4 Cognitive – behavioural therapies.

- A) Behavioural therapies.
- B) Cognitive therapies.

• **SHORT NOTES WILL BE ASKED EACH UNIT FOR EACH SEMISTER**

• **BOOKS FOR READING :**

- Atwater Eastwood & Duffy Karen Grover (1999). Psychology for Living Adjustment, Growth and behaviour today. 6th Edition, Prentice Hall – Upper Saddle River, New Jersey.
- Anastasi Anne (1976). Fields of Applied Psychology, 2nd Edition, Mc Graw – Hill Book Company, New York.

• **BOOKS FOR REFERENCE :**

- Gilmer B. Van Haller (1978). Applied Psychology TMH Edition 1978, Tata Mc Graw – Hill Pub. Com. Ltd.
- पलसाने म.न. आणि नवरे सविता (संपा) (१९९३) : उपयोजित मानसशास्त्र, वायली ईस्टर्न लि. पब्लिशर्स, दिल्ली.
- पाटील अनघा आणि राजहंस मानसी (१९९८) : जीवनोपयोगी मानसशास्त्र , उन्मेष प्रकाशन, पुणे.
- तडसरे आणि तंबाके (२००४) : उपयोजित मानसशास्त्र, फडके प्रकाशन, कोल्हापूर.
- पंडीत, कुलकर्णी आणि गोरे (२०००) उपयोजित मानसशास्त्र, पिंपळापूरे अॅण्ड कं.

Semester Pattern Syllabus

B. A. Part - II.

(w.e.f. JUNE, 2011)

PSYCHOLOGY

I.D.S. CHILD PSYCHOLOGY.

SEMISTER-III

• UNIT NO. 1

SCIENTIFIC STUDIES OF CHILD DEVELOPMENT

1.1 Child Psychology versus child development.

1.2 Obstacles to scientific studies of children.

1.3 Overcoming obstacles to scientific studies of children.

• UNIT NO. 2

PRINCIPLES OF DEVELOPMENT

2.1 Development involves change.

2.2 Early development is more critical than later development.

2.3 Development is the product of maturation and learning.

2.4 The developmental pattern has predictable characteristics.

2.5 Happiness varies at different periods in development.

• **UNIT NO. 3**

EMOTIONAL DEVELOPMENT

3.1 Pattern of emotional development.

3.2 Conditions responsible for emotional development.

3.3 Common emotional patterns.

3.4 Emotional balance.

3.5 Emotional control.

3.6 Emotional catharsis.

• **UNIT NO. 4**

SOCIAL DEVELOPMENT

4.1 Meaning of social development.

4.2 The pattern of social development.

4.3 Social development in early childhood.

4.4 Social development in late childhood.

4.5 Hazards in Social development.

SEMISTER-IV

• UNIT NO. 5

SOCIAL ADJUSTMENTS

5.1 Meaning of social development.

5.2 Role of companions in social adjustments.

5.3 Social acceptance.

5.4 Hazards in social adjustments.

• UNIT NO. 6

PLAY DEVELOPMENT

6.1 Meaning of play.

6.2 Characteristics of children's play.

6.3 Active play.

6.4 Play hazards.

• UNIT NO. 7

DEVELOPMENT OF CREATIVITY

7.1 Meaning of creativity.

7.2 Values of creativity.

7.3 Development of creativity.

7.4 Expression of creativity.

7.5 Hazards to creativity.

• **UNIT NO. 8**

PERSONALITY DEVELOPMENT

8.1 Meaning of personality.

8.2 Personality pattern.

8.3 Change in personality.

8.4 Some important personality determinants.

8.5 Hazards in personality development.

• **SHORT NOTES WILL BE ASKED ON EACH UNIT FOR EACH SEMISTER**

• **BOOKS FOR READING :**

- Hurlock Elizabeth B. (1978). Child Development, 6th Edition,
International Student Edition, Mc Graw - Hill Kogakusha, Ltd.

• **BOOKS FOR REFERENCE :**

- Hurlock Elizabeth B. (1978). Developmental Psychology, 4th Edition,
Tata MCGraw – Hill Pub. Company Ltd., New Delhi.
- Hurlock Elizabeth B. (1978). Child Growth and Development, 5th
Edition, Thirteenth Reprint, 1994, TMH Edition, New Delhi.
- काळे प्रेमला : बाल मानसशास्त्र

Semester Pattern Syllabus

B. A. Part - II.

(w.e.f. JUNE, 2011)

PSYCHOLOGY

I.D.S. – INDUSTRIAL & ORGANIZATIONAL PSYCHOLOGY.

SEMISTER-III

• UNIT NO. 1

SCOPE, HISTORY, CHALLENGES, PROBLEMS AND AREAS OF I. O.

PSYCHOLOGY

1.1 What I. O. Psychology ?

1.2 The scope And Historical Development of I. O. Psychology.

A) Pioneers in personal selection.

B) World war I and the Testing movement.

C) The Hawthonne studies and motivational issues.

D) World war II and Engineering Psychology.

1.3 Areas of I. O. Psychology.

• UNIT NO. 2

EMPLOYEE SELECTION PRINCIPLES AND TECHNIQUES

2.1 The Recruitment Process.

A) Sources for Recruiting.

B) Recruiter characteristics.

C) Campus Recruiting.

2.2 Job Analysis.

2.3 Biographical Information.

A) Application Blanks.

B) Biographical Inventories.

2.4 Interviews.

A) First Impressions.

B) Unstructured Interviews.

C) Structured Interviews.

D) Situational Interviews.

E) On-line Interviews.

• **UNIT NO. 3**

PERFORMANCE APPRAISAL METHODS

3.1 Objective Performance Appraisal Methods.

A) Output Measures, Computerized performance.

B) Monitoring.

C) Job – Related Personal Data.

3.2 Judgmental Performance Appraisal Methods.

A) Written Narratives.

B) Merit Rating Techniques.

C) Management by objectives (MBO).

3.3 How to Improve Performance Appraisals.

• **UNIT NO. 4**

TRAINING AND DEVELOPMENT

4.1 Training Methods.

A) On-the-Job Training.

B) Vestibule Training.

- C) Apprenticeship.
- D) Computer – Assisted Instruction.
- E) Net – Based Training.
- F) Behavioural Modification.
- G) Job Rotation.
- H) Case studies.
- I) Business Games.
- J) In – Basket Training.
- K) Role playing.
- L) Self – Management.
- M) Behaviour Modeling.

4.2 Career Development and Planning.

- A) Career Development and Life Stages, Career.
- B) Self – Management.

SEMISTER-IV

• UNIT NO. 5

LEADERSHIP

5.1 Theories of Leadership.

- A) Contingency Theory.
- B) Cognitive Resource Theory.
- C) Path – Goal Theory.
- D) Normative Decision Theory.
- E) The Leader – Member Exchange Theory

5.2 Styles of Leadership.

- A) Authoritarian and Democratic Leaders.
- B) Transactional and Transformational Leaders.

5.3 Characteristics of Successful Leaders.

- A) First – Line Supervisors.
- B) Manager and Executives.

• UNIT NO. 6

MOTIVATION, JOB SATISFACTION AND JOB INVOLVEMENT

6.1 Content Theories of Motivation.

- A) Achievement Motivation Theory.
- B) Needs Hierarchy Theory.
- C) ERG Theory.
- D) Motivator – Hygiene (Two – Factor) Theory.
- E) Job – Characteristics Theory.

6.2 Job theory satisfaction.

- A) Measuring Job Satisfaction.
- B) Job faced satisfaction.
- C) Job satisfaction.
- D) Impact of personal characteristics.

6.3 Job Involvement And Organizational Commitment.

- A) Personal Factors.
- B) Organizational factors.
- C) Job satisfaction.
- D) Types of commitment.

• UNIT NO. 7

WORKING CONDITIONS

7.1 Physical Working Conditions.

- A) Illumination.
- B) Noise.
- C) Color.
- D) Music.

7.2 Work Schedules.

- A) Working Hours.
- B) The Four Day Work week.
- C) Flexible work schedules.
- D) Rest Pauses.
- E) Shift work.

7.3 Psychological And Social Issues.

- A) Job simplification.
- B) Boredom and monotony fatigue.
- C) Ethnic Harassment.
- D) Gender Harassment.

• UNIT NO. 8

ACCIDENT AND HEALTH IN THE WORK PLACE

8.1 Work – Related Health Problems.

8.2 Causes of Accidents.

- A) Work place factors.
- B) Personal factors.

8.3 Accident Prevention.

- A) Accident Reports.
- B) Work place.
- C) Design, safety Training.
- D) Management support.
- E) Safety publicity campaigns.

• SHORT NOTES WILL BE ASKED EACH UNIT FOR EACH SEMISTER

• **BOOKS FOR READING :**

- Duane Schultz, Sydney Ellen Schultz : Psychology and Work Today :
Eight Edition (2004). Pearson Education (Singapore) Pte, Ltd., Indian
Branch, 482, F.I.E. Patparganj, Delhi – 110 092, India.

• **BOOKS FOR REFERENCE :**

- Blum and Nylore (1984). Industrial Psychology, Tata Mc Graw Hill.
- रवि पंडीत, पांढरपांडे, – (१९८०) कर्मचारी आणि औद्योगिक मानसशास्त्र , महाराष्ट्र विद्यापीठ ग्रंथ
निर्मिती मंडळ
- P. A. Bhagwatwar, Psychology of Industrial Behaviour Second Edition,
July 1998; Shet Publishers, 35, Everest, Pedder Road, Bombay.
- P. G. Deosthalee, Industrial Psychology, First Edition June – 1982,
Vipul Prakashan, Bombay.



Solapur University, Solapur
Nature of Question Paper For Semester Pattern
• **Faculty of Social Science**
(UG/PG Courses)
(w.e.f. June 2011)

Time - 2 Hours

Total Marks– 50 Marks

**Instruction – (1) All questions are Compulsory.
(2) Figures to the Rights indicate full marks.**

- Q. 1) Multiple choice questions (Ten) 10 Marks**
(With four alternatives)
- Q. 2) Write short Answer of the following 08 Marks**
(Any four out of six)
- Q. 3) Write short notes 12 Marks**
(Any four out of six)
- Q. 4) Answer any one long type question of the following**
A
OR 10 Marks
B
- Q. 5) Long answer type question 10 Marks**

1. Structure of the courses :-

- A) Each paper of every subject for Arts, Social Sciences & Commerce Faculty shall be of 50 marks as resolved by the respective faculties and Academic Council.
- B) For Science Faculty subjects each paper shall be of 50 marks and practical for every subject shall be of 50 Marks as resolved in the faculty and Academic Council.
- C) For B. Pharmacy also the paper shall be of 50 marks for University examination. Internal marks will be given in the form of grades.
- D) For courses which were in semester pattern will have their original distribution already of marks for each paper.
- E) For the faculties of Education, Law, Engineering the course structure shall be as per the resolutions of the respective faculties and Academic Council.

2. Nature of question paper:

A) Nature of questions.

"20% Marks - objectives question" **(One mark each and multiple choice questions)**

"40% Marks - Short notes / Short answer type questions / Short Mathematical type questions / Problems. **(2 to 5 Marks each)**

"40% Marks - Descriptive type questions / Long Mathematical type questions / Problems. **(6 to 10 Marks each)**

- B) Objective type question will be of multiple choice (MCQ) with four alternatives. This answer book will be collected in first 15 minutes for 10 marks and in first 30 minutes for 20 marks.
Each objective question will carry one mark **each**.
 - C) Questions on any topic may be set in any type of question. All questions should be set in such a way that there should be permutation and combination of questions on all topics from the syllabus. As far as possible it should cover entire syllabus.
 - D) There will be only five questions in the question paper. All questions will be compulsory. There will be internal option **(40%)** and not overall option. **for questions 2 to 5.**
- 3.** Practical Examination for B. Sc. I. will be conducted at the end of second semester.
- 4.** Examination fees for semester Examination will be decided in the Board of Examinations.

The structures of all courses in all Faculties were approved and placed before the Academic Council. After considered deliberations and discussion it was decided not to convene a meeting of the Academic Council for the same matter as there is no deviation from any decision taken by Faculties and Academic Council. Nature of Question Paper approved by Hon. Vice Chancellor on behalf of the Academic Council.